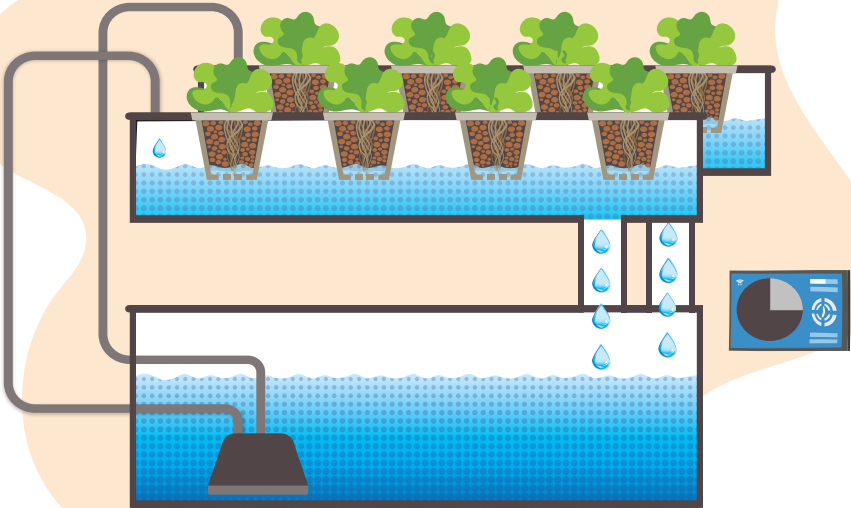




TEXAS FARM BUREAU®

Hydroponic Farming

Activity Book



This book belongs to:

Define it:

Define as a class or individually using a dictionary.

Hydro— _____

Ponic— _____

Hydroponic farming means that food is produced through the use of a water system and added nutrients. No soil is used.



Did you know?

Plants can grow without soil! So, what do plants need to grow?

Healthy Food:

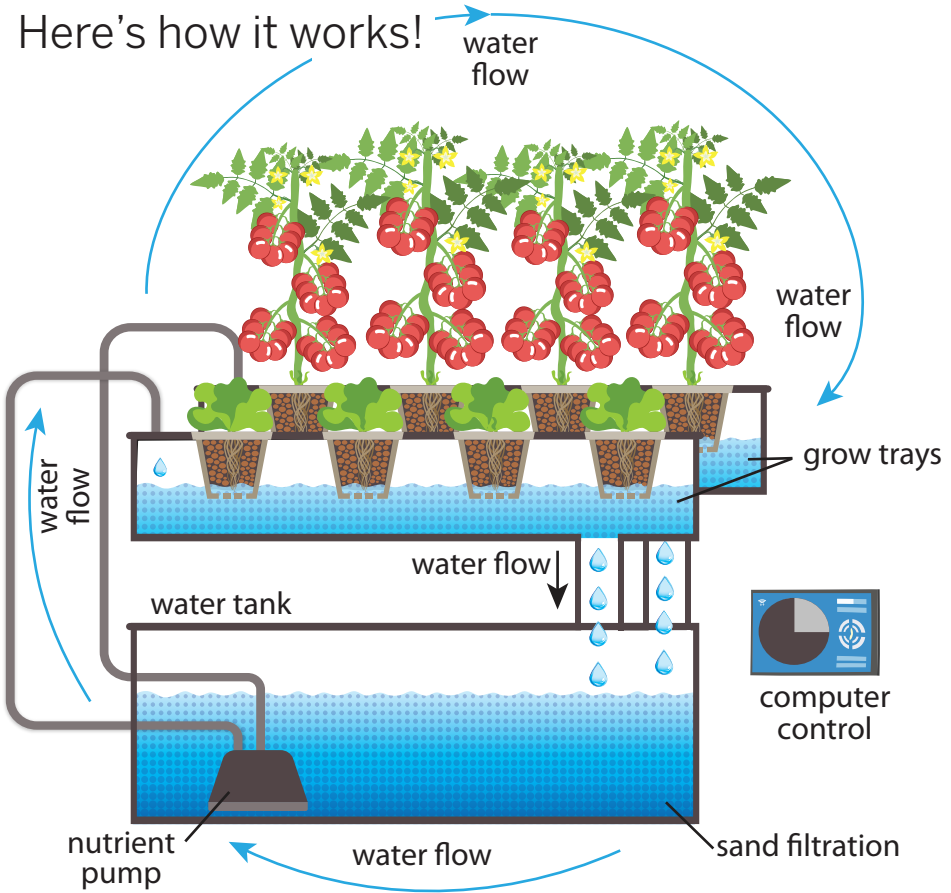
Plants need healthy food just like you! What healthy foods help you grow? For older students, what nutrients are in those foods?



Write your own story about your favorite HEALTHY meal. Be creative! Think about where your food comes from and how it gets to you!

Hydroponic farming recycles the water it uses.

Here's how it works!



Why do you think it is important to recycle water and other items? _____



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