Who Grew My Soup Guided Activity
(Recommended for Grades K-4)


2. After watching the author read *Who Grew My Soup*, go to your pantry, your freezer, or your fridge to find the foods you want to include in your soup! Think about these questions.
   a. What did you learn from the book? Did you learn something new about where your food comes from?
   b. What did the pictures tell you about what Phin learned about food on his adventure?
   c. Write what you learned with colorful markers or pencils on paper and post it on the wall for everyone in your home to see what you learned today!
   d. What questions do you still have about where your food comes from?

3. As you choose the food you want to put in your soup, think about what kind of farmers and ranchers produce that food. Was it a potato farmer, a corn farmer, or a beef rancher?
   a. Tell the people that are home with you what farmers you think grew the foods you chose from your kitchen.
   b. Where in Texas are these foods grown? Take a look at the Texas Farm Bureau Commodity Map below or go a step further and do a little research!

4. (With adult assistance) Make your favorite soup with the ingredients you found in your kitchen!
   a. Was your soup tastier since you now know who grew the ingredients in it?
   b. Remember to thank a farmer for all the yummy food they produce for our world!

*Don’t have a soup recipe of your own? Try this delicious taco soup recipe!
http://tabletop.texasfarmbureau.org/2016/01/chicken-tortilla-soup/*
Agriculture in TEXAS

A LOOK AT THE LONE STAR STATE’S MAJOR REGIONS AND WHERE OUR FOOD AND FIBER IS GROWN.

State Symbols

- Flower—Bluebonnet
- Tree—Pecan tree
- Shrub—Crape Myrtle
- Grass—Sideoats Grama
- Fiber and fabric—Cotton
- Soil—Houston Black (p-clay heavy soil)

- Bird—Mockingbird
- Mammal (small)—Nine-banded Armadillo
- Mammal (large)—Texas Longhorn
- Mammal (flying)—Mexican free-tailed bat
- Fish—Guadalupe Bass
- Insect—Monarch Butterfly
- Reptile—Texas Horned Lizard
- Dish—Chili

Learn more at TexasFarmBureau.org
North Central Plains
- The North Central Plains has 3 subregions:
  - Grand Prairie
  - Cross Timbers
  - Rolling Plains
- Agriculture in the North Central Plains includes:
  - Corn
  - Cotton
  - Sorghum
  - Wheat/Hay
  - Nursery/Greenhouse
  - Beef Cattle
  - Soybeans

Great Plains
- The Great Plains has 3 subregions:
  - High Plains
  - Edwards Plateau
  - Llano Basin
- Agriculture in the Great Plains includes:
  - Cotton
  - Corn
  - Peanuts
  - Wheat
  - Pumpkins
  - Cucumbers
  - Green Beans
  - Beef Cattle
  - Swine
  - Dairy

Mountains and Basins
- Agriculture in the Mountains and Basins includes:
  - Sheep/Goat
  - Cattle
  - Cotton
  - Fruit/Vegetables
  - Hay
  - Pecans—the state tree of Texas

Coastal Plains
- The Coastal Plains has 5 subregions:
  - Piney Woods
  - Post Oak Belt
  - Blackland Prairie
  - Gulf Coast Plains
  - South Texas Plains
- Agriculture in the Coastal Plains includes:
  - Cattle
  - Cotton
  - Crawfish
  - Corn
  - Citrus
  - Fruits/Vegetables
  - Rice
  - Timber
  - Nursery/Greenhouse
  - Chicken/Egg
  - Shrimp/Fish
  - Sorghum
  - Soybeans
  - Sunflowers

Learn more at TexasFarmBureau.org