



***Who Grew My Soup* Guided Activity**

(Recommended for Grades K-4)

1. Watch the author, Tom Darbyshire, read his book *Who Grew My Soup* via this link:
https://www.agclassroom.org/teacher/soup_movies.cfm
2. After watching the author read *Who Grew My Soup*, go to your pantry, your freezer, or your fridge to find the foods you want to include in your soup! Think about these questions.
 - a. What did you learn from the book? Did you learn something new about where your food comes from?
 - b. What did the pictures tell you about what Phin learned about food on his adventure?
 - c. Write what you learned with colorful markers or pencils on paper and post it on the wall for everyone in your home to see what you learned today!
 - d. What questions do you still have about where your food comes from?
3. As you choose the food you want to put in your soup, think about what kind of farmers and ranchers produce that food. Was it a potato farmer, a corn farmer, or a beef rancher?
 - a. Tell the people that are home with you what farmers you think grew the foods you chose from your kitchen.
 - b. Where in Texas are these foods grown? **Take a look at the Texas Farm Bureau Commodity Map below or go a step further and do a little research!**
4. (With adult assistance) Make your favorite soup with the ingredients you found in your kitchen!
 - a. Was your soup tastier since you now know who grew the ingredients in it?
 - b. Remember to thank a farmer for all the yummy food they produce for our world!

*Don't have a soup recipe of your own? Try this delicious taco soup recipe!

<http://tabletop.texasfarmbureau.org/2016/01/chicken-tortilla-soup/>

Agriculture in → TEXAS



A LOOK AT THE LONE STAR STATE'S MAJOR REGIONS
AND WHERE OUR FOOD AND FIBER IS GROWN.

State Symbols

Flower—Bluebonnet
Tree—Pecan tree
Shrub—Crape Myrtle
Grass—Sideoats Grama
Fiber and fabric—Cotton
Soil—Houston Black (a clay heavy soil)

Bird—Mockingbird
Mammal (small)—Nine-banded Armadillo
Mammal (large)—Texas Longhorn
Mammal (flying)—Mexican free-tailed bat
Fish—Guadalupe Bass
Insect—Monarch Butterfly
Reptile—Texas Horned Lizard
Dish—Chili



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Learn more at TexasFarmBureau.org



North Central Plains

- The North Central Plains has 3 subregions:
 - Grand Prairie
 - Cross Timbers
 - Rolling Plains
- Agriculture in the North Central Plains includes:
 - Corn
 - Cotton
 - Sorghum
 - Wheat/Hay
 - Nursery/Greenhouse
 - Beef Cattle
 - Soybeans



Great Plains

- The Great Plains has 3 subregions:
 - High Plains
 - Edwards Plateau
 - Llano Basin
- Agriculture in the Great Plains includes:

Cotton	Cucumbers
Corn	Green Beans
Peanuts	Beef Cattle
Wheat	Swine
Pumpkins	Dairy



Coastal Plains

- The Coastal Plains has 5 subregions:
 - Piney Woods
 - Post Oak Belt
 - Blackland Prairie
 - Gulf Coast Plains
 - South Texas Plains
- Agriculture in the Coastal Plains includes:

Cattle	Timber
Cotton	Nursery/Greenhouse
Crawfish	Chicken/Egg
Corn	Shrimp/Fish
Citrus	Sorghum
Fruits/Vegetables	Soybeans
Rice	Sunflowers



Mountains and Basins

- Agriculture in the Mountains and Basins includes:
 - Sheep/Goat
 - Cattle
 - Cotton
 - Fruit/Vegetables
 - Hay
 - Pecans—the state tree of Texas



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